

Hearing Voices Group Facilitation & Network Development Training Facilitated by Jacqui Dillon

An exciting opportunity to learn the skills & acquire the knowledge to facilitate a Hearing Voices Group & become part of Hearing Voices Network Ireland.

See: <https://hearingvoicesnetworkireland.ie/>



Hearing Voices Group Facilitation Training is an experiential course which offers participants an opportunity to develop the skills and knowledge to facilitate a Hearing Voices Group. There is a growing body of evidence that offering people who hear voices an opportunity to talk freely about their voices is essential for people to learn to accept and to live harmoniously, with their experiences.

Course Objectives:

- To develop an awareness of the issues faced by people who hear voices
- To provide an overview of the history of the Hearing Voices Movement & current research into Hearing Voices
- To develop an awareness of the practical aspects of starting and maintaining Hearing Voices Groups and the key principles of the Hearing Voices Approach
- To explore some common challenges that occur in Hearing Voices Groups and ways of managing these
- To provide an overview of coping strategies that may be useful to people who hear voices and techniques and approaches that enable individuals to transform their relationship with their voices
- To develop an understanding of 'Group dynamics' and 'Group facilitation' skills



Jacqui Dillon is an activist, author, and speaker, and has lectured and published worldwide on trauma, abuse, hearing voices, psychosis, dissociation, and healing. She is a key figure in the international Hearing Voices Movement, has co-edited three books, published numerous articles and papers and is on the editorial board of the journal *Psychosis: Psychological, Social and Integrative Approaches*. In 2017, Jacqui was awarded an Honorary Doctorate of Psychology by the University of East London. See www.jacquidillon.org

**Training takes place over 8 online sessions:
Tuesday 3 May – Tuesday 21 June 2022 from 2 – 5 pm
€200 – Waged/Professional & €50 Unwaged/Voice Hearer
Places limited to 20 participants. Limited number of Scholarships available
Further info and application forms on www.hearingvoicesnetworkireland.ie
Enquiries to info@hearingvoicesnetworkireland.ie**